

# Fitness Breakthru

Personalised Fitness Equipment Specialists

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## Specs – Body Solid Flat / Incline Bench (GFI21)



The quick-change safety pull pin allows multiple angle back pad adjustment from flat to an exact 90 degree angle. Featuring full-length steel reinforced back and seat pads that provide double incline adjustments, it's perfect for a variety of barbell and dumbbell exercises. If you are serious about training, this is the one for you!

- Commercial 2"x 3" heavy gauge steel mainframe.
- Glide & Lock" seat and back pad adjustment system.
- Adjusts from flat to 90° in 9 positions with convenient "one-touch" pop-pin.
- Full 2" thick DuraFirm seat and back pads.
- Suitable for home and commercial use.

**Dimensions:** 53cm(H) x 132cm(L) x 53cm(W) - 116cm(H) when inclined

*Body-Solid®*