

# Fitness Breakthru

*Personalised Fitness Equipment Specialists*

WWW.GYMEQUIPMENT.CO.ZA TEL: 041 581 4876 FAX: 086 683 6873 E-MAIL: RESULTS@MWEB.CO.ZA

## Specs – Raleigh R500 Recumbent Bike



- 12 Program profiles with 16 tension levels.
- Manual and Programmable mode for computerized tension control.
- Preset value for Time, Speed, Distance, Calories and RPM.
- Special Recovery function to monitor the heart rate status in 6 grades.
- Magnetic drive system for smooth exercise.
- Adjustable seat.
- Large Multi-View computer display.